### Lecturer Cates in Wilson County. Editor of The Progressive Farmer:

I am glad to say that our visit to Wilson County has resulted in another victory for the Farmers' Alliance. We spent five days here and organized five sub Alliances with about 125 members of the very cream of Wilson County. With these good people added to the six sub Alliances already organized, making in all eleven subs, justifies us in saying that old Wilson County has rolled back and settled down in the Farmers' Alliance ranks.

We met many good people in this county who won our love and high esteem. We spent one night at the good home of E. J. High, much to our enjoyment, and had the honor of breaking bread with his venerable father, John High, Esq. From here we went to Buckhorn, and spent the night with Bro. Ransom Hinnant, who, by the way, is a good farmer and knows how to entertain. At this place we succeeded in organizing a strong Alliance; and from here we went to Spring Hill, where we met a great number of good farmers and their wives and sons and daughters, so much so that we had to occupy the church instead of the school house. We met with success here, and many names were enrolled, and a strong sub Alliance established.

From here we went to Wilson by rail. When we reached Wilson it was dark and raining but nevertheless we secured a horse and buggy and driver and rode some twelve miles to Startanburg to Dr. S. H. Crocker's. We found the Doctor an up-to-date fellow in every sense of the world. I doubt if there is a home in Wilson County or any other for that matter, that has more love and sunshine and success than Dr. Crocker's. No wonder he was chosen to represent his people in the last Legislature. Here we organized another sub Alliance to be proud of, certainly in point of quality.

On Monday the 19th we were met in Wilson by our good friend, A. W. Parker, and carried some eight miles north to his good home, and went that same night to Thompson and met another big crowd, and 40 members were brought into the Thompson sub Alliance.

We went from here to Toisnott and met with like success. Brother Strickland has our thanks here for the many kindnesses he rendered. Indeed, words fail me to express my gratitude to the good people of Wilson County for so much kindness. Suffice it to say, I thank you one and

After coming through Raleigh and taking in the great State Fair and meeting with thousands of North Carolina's sons and daughters, I wended my way home, and, best of all, met the unclouded welcome of the dear, good wife and family, and can truly say I love the Old North State better than ever before. May her grand old flag never trail in the dust. And may the honest tiller of the soil get up on higher and nobler H. M. CATES.

Alamance Co., N. C.

### We Need the Parcel Post and Postal Savings Banks.

Much has been said recently about a Parcel Post for this country, and strenuous efforts have been put forth to have the same established. In some respects it would be a good thing, in others it would not work In this connection Our Folks will be interested in a letter we have received from one of our Austrian subscribers, Countess Agnes Heussenstanem, Matzliensdorf bei Melk, who tells about the Austrian Parcel Post. She thinks it is better in some respects than the French, spoken of in the Farm Journal for January last.

In her country any parcel up to ten pounds (five kilos) costs sixty hellers (twelve cents); it can be paid by sender or receiver. Five hellers is paid the postman for delivering, and he must deliver any parcel under three kilos. What is above that every one must fetch from the office unless they make a private agreement with the letter-carrier and pay him a fip. Any parcel over five kilos costs an additional twelve hellers for each kilo, so one is not confined to size. Rural postmen make quite neat little sums doing commissions for praties. The letter-carrier of this district receives two kronen (forty cents) a day, no board. His route covers about twelve to fourteen miles, and he is going from 6 a. m. to 5 p. m. There are many applicants for the position when a change is made, so the perquisites and tips must add considerable to the

Parcel Post is the greatest convenience. The Postal Savings Bank is also a great institution, especially teaching children to save their money. Each receives a book, and when they have ten hellers, or even five, buy a stamp , which is lightly fastened in at one corner. When they have the value of a crown the post redeems the stamps and the money is put in bank for them, at three and one-half per cent. The poorer classes can put away small savings any time, and it is as good as government bonds.

We are glad the Countess has put in a good word for Postal Savings Banks, for we ought to have them in this country, and no mistake. It is one of the saddest things visible in rural life to see our young people grow up without the habit of saving that can be engendered only by savings banks; and to see so many hired men of the farmers spending their earnings for drink, instead of saving them for a rainy day. Pastal Savings Banks are needed far more than a Parcel Post.-Farm Journal.

### CURED SWOLLEN GLAND.

Passumpsic, Vt., Jan. 20, 1903. The Lawrence-Williams Co., Cleveland, Ohio.

Valuable mare had a swelling in her throat. People said it was in a gland and would prove serious. used your Gombault's Caustic Balsam and blistered it, and it took all the swelling away. Her throat is just as smooth as ever, and she is all right. I would not be without it in my livery stable.-C. H. Annis.

# DO YOU GET UP WITH A LAME BACK?

## Have You Uric Acid, Rheumatism or Bladder Trouble?

Pain or dull ache in the back is unmistakable evidence of kidney trouble. It is Nature's timely warning to show you that the track of health is not clear.

If these danger signals are unheeded, more serious results are sure to follow; Bright's disease which is the worst form of kidney trouble may steal upon you.

The mild and the extraordinary effect of the world-famous kidney and bladder remedy, Dr. Kilmer's Swamp-Root, is soon realized. It stands the highest for its wonderful cures of the most distressing cases. A trial will convince anyone -and you may have a sample bottle free,

#### Swamp-Root Entirely Cured Me.

Among the many famous investigated cures of Swamp Root, the one we publish this week for the benefit of our readers, speaks in the high-st terms of the wonderful curative properties of this great kidney remedy.

GENTLEMEN:—I know you do not need this from me as yo are daily receiving hundreds of testi onia s However, I want t say that I think you have the greates' remedy on earth for kidney, bladder and liver trouble. I had been troubled for years, was operated on several times and spent a large amount of money, and received no benefit whatever. I suffered everything and it was necessary to the several times and spent a large amount of money, and received no benefit whatever. I suffered everything and it was necessary to the severything and the severything are severything and the severything are severything and the severything and the severything are severyt essary for me to get up as many as twenty times during the night

I gave Swamp-Root a thorough trial and it com-etely cured me.

J. W. Armantraut, Sept. 12, '03.

Greentown, Ind. p'etely sured me. Sept. 12, '03.

Lame back is only one symptom of kidney trouble-one of many. Other symptoms showing that you need Swamp-Root are, obliged to pass water often during the day and get up many times at night, inability to hold your urine, smarting or irritation in passing, brick dust or sediment in the urine, catarrh of the blad-

der, uric acid, constant headache, dizziness, sleeplessness, nervousness, irregular heart-beating, rheumatism, bloating, irritability, wornout feeling, lack of ambition, loss of flesh, sallow complexion.

If your water when allowed to remain undisturbed in a glass or bottle for twentyfour hours, forms a sediment or settling, or has a cloudy appearance, it is evidence that your kidneys and bladder need immediate attention.

In taking Swamp-Root you afford natural help to Nature, for Swamp-Root is the most perfect healer and gentle aid to the kidneys that is known to medical science. Swamp-Root is the great discovery of Dr Kilmer, the eminent kidney and bladder specialist. Hospitals use it with wonderful success in both slight and severe cases. Doctors recommend it to their patients and use it in their own families, because they recognize in Swamp-Root the greatest and most successful remedy.

To Prove What SWAMP-ROOT, the Great Kidney, Liver and Bladder

Remedy Will do for YOU, Every Reader of the Pregressive Farmer

May Have a Sample Bottle Absolutely Free by Mail.

If you have the slightest symptoms of kidney or bladder trouble, or if there is a trace of it in your family his ory, send at once to Dr Kilmer & Co., Binghamton. N. Y., who will gladly send you free by mail, immediately, without cost to you, a sample bottle of Swamp-Root and a book of wonderful Swamp-Root testimonials. Be sure to say that you read this generous offer in the Raleigh Progessive Parmer.

If you are already convinced that Swamp Root is what you need, you can purchase the regular fifty-cent and one-dollar size bottles at the drug stores everywhere. Don't make any mistake, but remember the name, Dr. Kilmer's Swamp-Root, and the address Birghamton, N. V., on every bottle.





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